

Unit Title: Understand the Effects of Ageing in Activity Provision	
Level:	Three
Credit Value:	2
GLH:	17
OCNLR Unit Code:	PT1/3/LQ/027
Ofqual Unit Reference Number:	T/502/7599

*This unit has 2 learning outcomes*

LEARNING OUTCOMES	ASSESSMENT CRITERIA
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the effects of human ageing.	1.1. Describe the physiological disorders associated with ageing. 1.2. Describe the psychological effects of ageing. 1.3. Describe mental health disorders associated with ageing. 1.4. Describe the influence of culture on perceptions of ageing.
2. Understand the impact of age-related changes and activity.	2.1. Explain how the age-related changes can impact on an individual's engagement in activity. 2.2. Explain how engagement in activity can affect wellbeing in relation to ageing. 2.3. Explain ways in which an activity provider can address the challenges associated with age-related changes to engagement in activity.



## Assessment

The grid below gives details of the assessment activities to be used with the unit attached. Please refer to the OCN London Assessment Definitions document for definitions of each activity and the expectations for assessment practice and evidence for verification.

**P = Prescribed** This assessment method *must* be used to assess all or part of the unit.

**O = Optional** This assessment method *could* be used to assess all or part of the unit.

Case Study		Project	
Written question & answer/test/exam	O	Role play/simulation	